The Whitsunday Word
Tuesday, 10 March 2015

IN THIS EDITION:

Principal, Mrs Maria McIvor
School Chaplain, Reverend Janet
Head of Senior School, Ms Jenny Grant
Head of Middle School, Ms Karen Owens
Head of Junior School, Mr Mick Martin
Head of Boarding School, Mr Bruce H Keys
Head of Sport, Mrs Kerryn McDuff
Head of Service and Global Learning
Business Partnership Advertisements
Last Friday we proudly witnessed our Year 12s commissioning as the senior leaders of our School. We can marvel on the uniqueness of each of them and their gifts and talents. We have so much respect and faith in them as individuals and as a cohort. Throughout the years they have grown and been nurtured by people whom they trust and have their very best interests at heart; family, teachers, fellow students, our Bishop Bill Ray, and our community. As a School we stand together, united in our acclamation of faith in them and for them.

We also began a new tradition, to enhance student voice - each year our School Captains will deliver a policy speech in support of our strategic direction. Hamza and Mikaela's inaugural policy speech called us to action and the launch of their Banner will remind us of their mantra.

They spoke passionately, but also insightfully, and made links to our modern world. I certainly felt enlivened by their observations about the need for community to have purpose, to put away fear of helping and, alongside of this, to never be afraid of asking for help. In a nutshell they seemed to encapsulate the essence of our School and our mission.

Here is an extract to share with our community:

Good morning Mrs McIvor, Bishop Bill, Mr Watts Chair of the Board, members of the Board, esteemed guests, parents and friends, staff and students. This morning we want to take the opportunity and share with you our ideas and plans for the year ahead. Firstly, I’d like to ask you all question: why do we go to school? Is it just somewhere we go to six hours a day, five days a week, 30 weeks a year? Is it just somewhere we go to learn about PEEL paragraphs, parabolas and poetry? Or is it just another chapter in our lives which is over far too soon? No. My friends, school is much more than all of those. Our school, Whitsunday Anglican School, holds a special place in all of our hearts. It’s the place which marks the beginning of our lives of learning, of our commitment to question anything and everything. School is the place where we first truly understand the meaning of friendship, the meaning of sacrifice, and what it means to have a purpose.

And this is perhaps the most important thing Whitsunday has given us: a purpose. We are all part of a family, part of a community, a team, where no one’s afraid to put their hand up and volunteer and everyone thinks of others before themselves. And so we took inspiration from this common spirit, as well as the ideas put forward by the leadership team in their speeches last year. From this, we drew our policy for 2015: Be part of something bigger.

This policy not only puts pen to paper, but also words into actions, and expresses the importance we want to place on furthering the sense of community and school pride felt by each student who attends Whitsunday Anglican School – from the new students starting Kindergarten for the first time to those in their last year preparing themselves for the next stage of their lives. The banner you can see on screen represents our school. The puzzle pieces represent the people, each with their own unique, individual talents which mesh together, and often the solution turns out more beautiful than the puzzle. We feel this banner epitomises our motto – it promotes unity, togetherness, teamwork, spirit. The banner will be hung somewhere in the school so we can all see it and remind ourselves that we are part of one community – we are part of something bigger.

Education in the modern age, also seeks to develop the confidence in all to use their own ‘voice’. In modern schooling we give equal value to the development of asking for help and in doing so we hope to see, as the outcome, confidence in the development of that new ‘voice’. Of all the challenges in a successful school I think the ability of us to develop the ‘voice’ of our students is amongst the most critical and satisfying, as it takes on
The Whitsunday Word

From the Principal - Mrs Maria McIvor

Clarise inspires in us to continue to make our School a place where every student can be the very best they can be. Click here to see a link of Clarise’s award ceremony.

Assessment

As students are now working on assignments, it is timely to remind them that they need to make sure that drafts and final copies are submitted by the due date. If students are having difficulties, they should be communicating this to their teachers early in the process. I would also recommend they take the time to read through the assessment policy in the diary.

Exams will be held from 23 to 27 March. Students should have developed a study planner to assist them as they prepare.

New Staff Profile

Kelly Smith

My name is Kelly Smith and I am the new 8S Tutor and Drama and English teacher here at WAS. I am thrilled to have been given the opportunity to work in such a dynamic environment and am very much enjoying getting to know the wonderful students. I moved from the Gold Coast at the beginning of the year and have been immersing myself in all the Arts and sporting opportunities that Mackay has to offer. I am very passionate about performing arts and in particular, musical theatre, and look forward to working with students in Drama Club and the School Musical this year.

Michelle McKenzie

My name is Michelle McKenzie. I began teaching at Whitsunday Anglican School in Term 4 last year. I love working at WAS; it is an incredible privilege to teach such respectful and enthusiastic students. In 2015, I am teaching Modern History, English, Christian Education and Junior School French. I’m also looking forward to supporting the Duke of Edinburgh program. In my spare time, I enjoy reading and making ice cream.
Congratulations to our class of 2015, student leaders and new staff who were commissioned by Bishop Bill Ray last Friday morning. Thank you to all who made this a memorable occasion especially our Diocesan, Bishop Bill; our Elders, Rev’d Henry and Mrs Kennell; the Preparatory and Year 1 students and siblings who presented the ties and badges; the musicians, technicians and readers; and the families who attended and support their students. A memorable occasion for all involved.

Insightful Message:
Lots of people want to ride with you in the limo, but what you need in a friend is someone who will take the bus with you when the limo breaks down! (Oprah Winfrey) This Sunday is International Women’s Day. Congratulations to our Z Club girls for fundraising to improve the life of women in our community.

Insightful Message:
Be strong and courageous. Do not be terrified, do not be discouraged, for the Lord your God will be with you wherever you go (from the Prophet Joshua Chapter 1 verse 29).

Jesus said: "Do not let your heart be troubled nor let it be fearful." During your life your heart will beat over 12 billion times. To the doctor, the heart is a pump; to the poet, a metaphor for love; to the people of Jesus' day, the centre of emotion and reason. You have been given the power to make life’s heart choices. You have the privilege of trusting Jesus with your fears and anxieties. May we go into the world in peace with hope and joy in our attitude to all we meet and every challenge we face.

Upcoming Event:
Thank you to our Middle School Character Counts Council for representing the school at the International World Day of Prayer and Service prepared by the committee in the Bahamas held at 10am at Holy Trinity Anglican Church in Gordon Street. The evening service will be held at 7.30pm at Saint Mary’s Catholic Church in Juliet Street. Everyone is welcome.

Mothering Sunday is known as Refreshment Sunday because the fasting rules for Lent were relaxed on that day. Both Old and New Testament Lessons on mid-Lent Sunday made a point of food. The Gospel reading from the New Testament told the story of how Jesus fed five thousand people with only five small barley loaves and two small fish. (John 6:10-12)

One tradition is the Simnel Cake, a rich fruit cake with a layer of almond paste on top and in the middle. The cake is decorated with 11 balls of marzipan (a confection made of ground almonds, egg whites and sugar moulded into decorative shapes) representing the 11 disciples (Judas is not included). The cake was boiled in water and then baked.

This year, our Family Services will be held on the third SUNDAY of the month at 4.30pm in the Chapel of St Barnabas. Semester One: MARCH 15, May 17 & June 21. Friends and families are very welcome.

Since 1999, Australians have been encouraged to celebrate our cultural diversity on Harmony Day on March 21.

The celebration reminds us that Everyone Belongs, and recognises both the traditional owners of this land and the different cultures that make Australia a great place. Free promotional products including, posters, balloons and stickers are available through DIAC. Visit the website www.harmony.gov.au and order today for your family or workplace celebration.

On Wednesday (during term time) everyone is welcome to our Service and Thanksgiving of Holy Communion in our Chapel at 7.45am.

Enquiries are welcome for Pastoral services including Baptisms, Confirmation, Weddings and Memorial services.

Kidsplus – the children’s group meets from 3.15 – 4.30pm on Wednesday in J7 for afternoon tea, games, stories and activities that encourage us in our Christian faith. Term 1 will conclude on Wednesday March 18.

Many in our community are experiencing challenges, illness and the loss of loved ones. Thank you for your continuing prayers for our School Community.

May God continue to bless your journey with helpful families and hope-filled friends.
The Whitsunday Word

From the Head of Senior School - Ms Jenny Grant

Mackay and District Model United Nations Forum

Model United Nation Forums are organized by The United Nations Youth Association of Australia which runs a range of programs designed to educate and empower young people.

Whitsunday Anglican School is proud to be part of such a program and hosted its sixth Mackay and District Model United Nations Forum on Friday, 21 and Saturday, 22 February.

The Mackay and District Model United Nations Forum is part of the Evatt Competition which is Australia’s largest and most prestigious debating competition with over 1500 delegates competing from around the country.

The competition aims to provide students with the opportunity to examine issues of international concern, ranging from international and civil conflict to the environment to aid efforts and the roles and responsibilities of the United Nations.

It is designed for students with varying interests, experience and abilities. The Forum is facilitated by university students, who are members of the United Nations Youth Association.

This year, the winners of the Mackay and District Evatt Competition were

1st place - Zaitoon Salman and Nadia Leibowitz - Year 12 (representing China)

2nd place - Julia Boets and Sarah Sekander - Year 11 (representing Chile)

3rd place - Logan Donadelli and Sean McGill (representing USA) – Proserpine State High School

Nadia and Zaitoon will go on to represent Mackay at the State Finals later in the year.

A big thanks to Mrs Jessica Vigliante and Mrs Bronwyn McKenna for helping supervise over the two days.

GAP Year Offerings

The School has no opinion on the benefits of choosing a GAP year following Year 12. That is a decision between parents and students. However, a number of students have been asking for this information so it is timely to remind parents and students that links to various GAP websites can be found on the Careers Development page under the pastoral tab on our Virtual Learning Environment (VLE). Every year, we have students take up this option for a variety of reasons after thorough research by their parents.

Undergraduate Medicine and Health Sciences Admission Test (UMAT)

Students applying for medicine, dentistry or optometry at specific universities need to consider whether they should sit the UMAT. The UMAT is not necessary for applicants to James Cook University but applies to the University of Queensland and a number of interstate universities. It is time to consider whether this exam is a good option. Registration closes on Friday 5 June and workshops are available through http://www.medentry.edu.au/

UPCOMING EVENTS

Work Experience forms DUE Friday 6 March - NO late forms can be accepted after this date.

Year 10 Vaccinations Friday 6 March

P&F Open Day 10.00 am—1.00 pm Saturday 7 March

Pink Stumps Principal’s Versus Boarders’ Cricket Match 1.00 pm—4.00 pm Saturday 7 March

Spirit Week — 9-13 March
Leadership
On Monday this week Year 7 and 8 students participated in the second “Leader in Me” day for this term. Students participated in a Leadership forum led by the Character Counts Executive committee of Nicholas Carroll, Nicola Grobler, Lucas Boets and Kalaryn Fisher. Initiative and problem solving activities and House Volleyball were two of the highlights. Students have committed to supporting one of the five committee groups. (Media, Fundraising, Chapel/Assembly, Activities, Grounds and Environment) Committee Leaders shared their ideas and plans and we look forward to the initiatives taking shape in the weeks ahead. In particular, I would like to acknowledge the Year 8 cohort for the manner in which they interacted with their Year 5 buddies on the day and the coordination of House Leaders in war cry practices for the upcoming Swimming and Cross Country carnivals.

Curriculum
In Science, Year 5 students have been studying Living things and the structural features and adaptations that help them survive in their environment. This week they completed a squid dissection amidst much excitement and concentration, carefully following the direction of Mr Tyson and Mrs Dansie in the Science Laboratories.

Relay for Life
Information about the upcoming Relay for Life was shared with students at our Middle School assembly on Wednesday this week. The theme this year is “One World, One Hope”. Whitsunday teams will have “One World” as their theme. The relay will be held on Saturday 16th May from 2pm – 9pm and we will require parent assistance to assist with teams. If you are willing to assist please contact the Middle School Office. Students who have volunteered their time to assist and participate with activities between 10am and 11.30am tomorrow.

Harmony Day
Harmony Day celebrates Australia’s cultural diversity. It’s about inclusiveness, respect and a sense of belonging for everyone. Middle School students will celebrate this on Friday 20th March with “Tastes of the World”, an initiative of Year 7H. Students from each year level have been allocated a country and will bring foods from that country and dress up in cultural costume. It promises to be a great day of colour, costumes and celebration as we acknowledge cultural diversity within our school and wider community. Information was shared with parents via daily Correspondence on Tuesday 3rd March. We welcome parent assistance and participation on this day. We are seeking flags from various countries to display. If you have a flag you would be willing to share for display on this day please contact the Middle School office.

Family Open Day
This will be held tomorrow between 10am and 1.00pm. I thank in advance the students who have volunteered their time to assist and participate with activities between 10am and 11.30am tomorrow.

 UPWATCH EVENTS

World Vision Student Fundraisers
Friday 13th March
MS Movie Night PWC Year 6T

Friday 20th March
“Tastes of the World” Harmony Day Celebrations (All classes, coordinated by 7H)

Saturday 28th March
MS family Bush dance

Click to view the Parent Information Letter.
The Whitsunday Word

From the Head of Junior School - Mr Mick Martin

Year Twelve Induction – ‘Tie’ Ceremony
At the Whole School assembly last Friday our Preparatory Year and Year One students took part in the ‘Induction’ of Year Twelve cohort and the handing out of ties to these Year Twelve students. It is a wonderful moment for both our oldest and youngest students to take part in the presentation of ties, and offers a snapshot of the ‘Whole School’ framework at Whitsunday Anglican School.

Reducing Parent’s Stress Increases Children’s Self Esteem
It is a well-researched and known point that a healthy self-esteem is crucial to a child’s sense of value and self-worth. The social emotional wellbeing and development of a child is also central to academic success. What is possibly less well known is the fact that high stress levels in parents may relate to lower levels of their child’s self-esteem; and the possible flow-on impact on success in school.

According to Dr Michael Bernard (You Can Do It!) this finding is not surprising as research also reveals that certain styles of parenting are linked with children and adolescent success; parental warmth and support has shown to be associated with higher levels of well-being in children. One study showed how a more ‘authoritarian’ style of parenting reduced telomere length in the brain (a biomarker for chronic stress). Years of research has come to a very simple conclusion: the way children are parented has a deep effect on how they develop and go on to contribute to society. Family relationships during a child’s foundation years have been shown to have an impact on a child’s cognitive ability, social and emotional adjustment, health and wellbeing.

Languages Other Than English in the Junior School
Yesterday my class had a French lesson, it was the best lesson I have ever had and I can prove it. Firstly we watched a power point of the important research that we had to do. Secondly we put in order how a more ‘authoritarian’ style of parenting reduced telomere length in the brain (a biomarker for chronic stress). Years of research has come to a very simple conclusion: the way children are parented has a deep effect on how they develop and go on to contribute to society. Family relationships during a child’s foundation years have been shown to have an impact on a child’s cognitive ability, social and emotional adjustment, health and wellbeing.

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Read more student recounts............

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Read more student recounts............

House Picnics
Ambrose House Picnic – Charlotte Notley, Year 4S
Ambrose Junior School held our first house picnic in the forest last Thursday. The children from Prep to Year Four were joined by the Captains from the Senior School who helped by serving the cordial and treats. The music was enjoyable and some students even had a little dance. Everybody brought their yummy picnic lunch boxes and sat in the shade on their picnic blankets. We chanted the Ambrose war cry passionately and everybody cheered and clapped showing lots of Ambrose spirit. I had lots of fun at the Ambrose picnic and it was wonderful to see all of Ambrose together and to welcome the new Ambrose Captains.

Charles House Picnic – Mrs Sue Chandler
On Tuesday at first lunch Junior School students in Charles House converged on the Prep play area to share a picnic lunch. A number of Senior School staff and students joined with them also. It was great to see the ‘big’ people listening to and talking with the ‘little’ people of the school. Junior School students had an opportunity to share activities around their play area. The senior students were shown around the gardens, football oval, forest, playground and sandpit. I’m sure it brought back many fond playground memories.

You Can Do It! – Organisation
Junior School Gallery................................

Safety Circus – Year Three
The Safety Circus was an intriguing way to learn important safety messages. We learnt the messages though musical drama. One of the messages we learnt was about the 5 trusted adults represented by the fingers on your hand. Your thumb is your family, your pointer finger is your teacher, your middle finger is someone in a uniform like the police, your ring finger is a hobby/sport teacher and your pinkie represents your community or neighbour. Soraya Bartlett, Year 3W

Read more student recounts............

Clean Up Australia Schools Day
Last Friday afternoon between 2.00pm and 3.00pm
The Whitsunday Word

From the Head of Boarding - Mr Bruce Keys

School Assessment Tasks
All students should now be fully aware of their required assessment tasks for each subject for the term. To assist individual students this has been placed on their ‘Student Café’ for ongoing reference. We are continually reminding our boarders that they need to communicate with their respective teaching staff if they are requiring further assistance or not understanding these requirements. I would ask parents to be speaking with your children to ensure that they are on task with time frames and working during their time at home.

WAS Co-curricular Activities
We have a significant number of boarders taking advantage of the increased number of co-curricular activities on offer at the School. In addition we have boarders also involved with outside club activities and various associations. At all times we offer transport for the boarders to assist them with the involvement and enjoyment of these pursuits.

Boarding House Routine Change
Following recommendations from our Boarding House Captains and Vice Captains at their Y12 Leadership Retreat we are trialling a new routine, which has previously been used, to accommodate a later dinner time and two hourly prep times. This will be reviewed by both our Boarder’s Committee and staff to establish any benefits and advantages from the changes. After four weeks of this new change there have been significant improvements with study habits and more settled routines in the evening. We have reintroduced sports activities on a Thursday evening for those students who consistently and appropriately applied themselves throughout the week.

Host Families
My appreciation to the families who have generously offered to host our first full time overseas boarder Alicia Ho Chau in Y11 from Hong Kong. Alicia will be spending time over the Easter vacation with the Vail Family as an apprentice ‘Jillaroo’. We look forward to her stories and photographs.

Pink Stumps Cricket Match
We look forward to our annual Principal’s XI v Boarder’s XI Pink Stumps cricket match this Saturday. Our boarders have had a net session with Kristen and Brooke looking like our secret weapons to gain back the shield. We invite all families to join us and support this very worthy charity appeal.

Personal Invitation
Again I would like to extend an invitation to all members of our WAS Boarding Community to feel comfortable making direct contact with me if you have any concerns or issues relating to your daughters/sons experience within boarding. As Head of Boarding I believe my major responsibility to be the accountability, safety and most importantly the happiness of your children, while they are under our care and responsibility.

I will work to ensure that every student in Booth House feels comfortable approaching either myself or other residential staff if they have personal issues or concerns that require our support.

UPCOMING EVENTS

Week 4 Commencement of HATS & Co-curricular activities

Pink Stumps Cricket Match Saturday
7th March
School Oval
Senior School Swimming Carnival
With a new format this year the Senior School Carnival turned out to be a great day for all involved. It was impressing to see the students fill the stands with colour and cheering then take to the pool with energy and enthusiasm. Thank you to staff of Pioneer Swim Centre, School staff, students and parents who helped to make the day special for the students.

The winning house was Trinity and the Most Spirited House award also went to Trinity. Congratulations to Mrs Hayhoe and her Trinity Tribe. Congratulations also goes to our Age Champions listed below.

Middle School Swimming Carnival
We have our Middle School Swimming Trials and Carnival quickly approaching this Term. Keep these dates in your diaries:

Middle School Swimming Trials
Monday 23rd March
Pioneer Swim Centre, 12.30-2.30pm

Middle School Swimming Carnival
Monday 30th March
Pioneer Swim Centre, 9.00-1.30pm

Co-curricular Sports
Athletics Coaching
It has been fantastic to see up to forty students attending Athletics Coaching both Wednesday and Thursday mornings for the past two weeks. Please ensure you are communicating with the coaches about your attendance at these sessions.

Volleyball
Just as popular has been our WAS Volleyball Coaching program. On Wednesday mornings we see attendance by many of our budding U15 players and Thursday mornings the hall is overflowing with Open Volleyball boys and girls. Most of these players are in training for our Interschool competition beginning in Term 2 and the chance for selection in our representative teams to attend the Nationals Schools Volleyball Cup in Melbourne in December.

Whitsunday Anglican School Football Club
Games start this Saturday the 7th of March at Barbour Park. Good luck to all our teams, coaches, managers and families throughout the 2015 season. A big thank you to the WAS Football Club Committee and the School Soccer Coordinator Casey McCallum in their organisation of WAS Football in 2015.

Whitsunday Anglican School Netball Club
Our netball teams spent last weekend playing grading games. Fixtures have now started for our teams and a big thank you must go to Mrs Cynthia Simpson for her organisation of the WAS Netball Club along with many staff, parents and students who assist in every aspect of the club.

Northern Suburbs, Mackay District and Capricornia Trials
Many students have been taking the challenge of trialling for District and Regional sporting teams. Congratulations to many of our students who continue on their journey of representative honours in school sport. Students need to continue to be diligent in reading Student Daily Notices for information on upcoming School Sporting trials and ensure they are returning nominations prior to the due date.

I look forward to reporting many more fantastic sporting moments in the next WAS Word.

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**HONOUR BOARD**

**Capricornia 10-12yrs Swimming Team**

Hayden Taylor

**Capricornia 19yrs Basketball**

*Boys*—Riley Dreghorn

*Girls*—Nadia Leibowitz
Pink Stumps Cricket Match
Our annual Pink Stumps Cricket match between the Principal’s XI and the Boarder’s XI will be held on Saturday 7 March. This game is a great way for our community to raise awareness for the McGrath Foundation. Families are welcome to bring a picnic rug and watch the game. The game starts at 1pm on the School Oval.

If you would like to make a donation to our collection please click on the following link: http://pinkstumpsday2015.gofundraise.com.au/page/whitsundayanglican

Blood Drive
This year we have recommenced our Blood Drive in support of the Red Cross Blood Bank. Year 11 and 12 students have the opportunity to travel to the centre and make a donation. Each time a student donates their donation will save three lives. Our Service Captains have been organising each of the donations and have done a terrific job! Thank you also to the parents who have supported the students by providing supervision.

If you are interested in making a donation please call into the Mackay Blood Donation Centre at the Mackay Base Hospital. More information can be found at http://www.donateblood.com.au

Global Citizenship Program
This year we have launched our Global Citizenship Program. The Program is an opportunity for Year 10 students to participate in cultural and language exchanges to our international exchange partners. A student exchange is a fantastic opportunity for students to learn independence and increase their international awareness. Over the next series of newsletters I will introduce the community to our exchange partners.

Waikato Diocesan School for Girls is an integrated Anglican day and boarding school for girls in Years 9-13, with a roll of approximately 675 students. The school is committed to personal excellence with a strong emphasis on pastoral care. It has a record of outstanding academic success.

Waikato is incredibly strong in both the arts and sports. The have been the top rowing school (girls) nationally for a number of years and as well as being very competitive in numerous other disciplines from cycling, to netball, soccer, basketball, cricket, swimming etc. They also have a state-of-the art gym which exchange students can join for the duration of their stay.

Their Arts culture is equally strong - they have a large and diverse program which includes numerous music groups such as choir, barbershop, orchestra, string groups, accapella singing, jazz bands, dance, theatre and debating. The School encourages exchange students to take part wherever possible.

During their visit, WAS students will participate in the annual House Singing Competition. Each of the six houses presents two songs (religious and contemporary) to an audience of over 2000 people. The event is one of the highlights in the Waikato school year.

Waikato Diocesan School for Girls
Location: Hamilton, New Zealand (North Island)
http://www.waikatodiocesan.school.nz/waikato-diocesan/

UPCOMING EVENTS

9-13 March
Spirit Week

12 March
Amnesty Service Club Campaign Day
Whitsunday Anglican School

FAMILY OPEN DAY and Pink Stumps Day
Parents & Friends Association

Saturday March 7

10.00am - 1.00pm

Classroom displays
Food Available

Inflatable Rides

Pink Stumps Day
Following the Family Fun Day, bring a picnic and sit on the hill and watch the Boarders’ XI take on the Principals’ XI Match starts at 1.00pm

Phone: 4969 2000
www.was.qld.edu.au
SEUSSICAL JR
A WHITSUNDAY ANGLICAN WHOLE SCHOOL MUSICAL!

AUGUST 14 & 15, 2015
AT WHITSUNDAY ANGLICAN SCHOOL
IN THE RON BOURNE HALL

The “Seussical Jr” Directing Team!
Director – Jessica Grulovic
Assistant Director – Kelly Smith
Choreographers – Petar Grulovic & Susie Dowse
Repetiteur – Toby Hibbard
Producer – Amanda Gibson

What is SEUSSICAL?
This is a new musical, based on the works of Dr Seuss! However, it isn’t just a string of his stories set to music, nor is it just one of his stories. In fact, it’s a totally new, full-length book musical, with a story which weaves together Dr Seuss’ most famous tales and characters in unexpected ways. The Seuss lexicon includes hundreds upon hundreds of wondrous characters, creatures, places and things. “Seussical” incorporates elements from at least 15 of his books, as well as many of his best-loved and most familiar characters. Many of these characters have never met one another before, but they meet in this musical! Throughout the course of the evening, some characters will fall in love, some will set off on desperate adventures, and some will save the world. Characters will travel from the Jungle of Nool to McElligott’s Pool to Palm Beach. Dr Seuss believes in helping a friend, not giving up, in keeping a promise. He believes in the value and dignity of others, in working to preserve the fragile sweetness of the natural world, and he believes that peace is the ultimate ideal, among nations and in every heart. He also believe in the pure power of the imagination. You will find all of this at the heart of “Seussical”.

AUDITION DATES
Senior School Lead Role Auditions (students must sign on the sheet at the SS Office for an allocated time):
Monday-Wednesday, Week 8

Middle School Lead Role Auditions (students must sign on the sheet at the MS Office for an allocated time):
—Thursday-Friday, Week 8

Senior School Ensemble & Movement/Dance Auditions (all SS Auditionees must attend this): Tuesday, Week 9

Middle School Ensemble & Movement/Dance Auditions (all MS Auditionees must attend this): Wednesday, Week 9

*Audition Packs have been emailed to the SS & MS students.

CASTING & REHEARSALS –
Casting will be announced promptly after the audition process concludes. Once this has been done, a rehearsal schedule will also be sent home with the students involved. Most rehearsals will take place during school lunch breaks, some afternoons/mornings (depending on the activity i.e blocking, vocals or choreography), and some Sunday mornings leading up to the production.
Photodynamic Therapy

Bringing skin cancer treatment out of the Dark Ages

So now that everyone is enjoying the pleasure and benefits of checking their partners skin every month (at least those that read the last article will be!) everyone wants to know about the wonder treatment of PDT that can turn back the clock on sun damaged skin and even remove skin cancers without surgery! Sounds too good to be true – well read on….

PDT or photodynamic therapy has got FDA and TGA approval for the treatment of certain skin cancers and therefore is one of the options to prevent surgery for cancers that exist now. Even better than that, this treatment can remove damaged skin cells from the whole area that would change into skin cancer over the next 5-10 years. So as well as removing the skin cancers that are there, it prevents future skin cancers from forming….

Recent research has demonstrated an effect called “Field cancerisation”. What this shows is that once you have had one cancer, the surrounding skin has had the same sun exposure so more skin cancers are likely to occur and this risk rises to 100% as you get more skin cancers! Therefore anyone who has had several skin cancers removed, REALLY NEEDS to get PDT to remove all those damaged cells to prevent the future skin cancers from occurring...

How does PDT work? It is a chemical that is put onto the skin and after a few hours is activated by LED lights and it targets and destroys skin cells with damaged DNA but leaves the healthy cells behind. The sun damaged cells then die, peel, flake and your skin recovers with the healthy cells only and all the future cancer forming cells are gone – a bit like turning the clock back. The added benefits are that the sun spots, blotches, pigmentation, rough scales and fine lines are also reduced with a great cosmetic result – great for the girls but even the 65 year old guys are left with baby soft cheeks that are absolutely gorgeous!!!!

After the treatment, you do need to stay out of the sun or bright light for two days and have a red face like you have been sunburnt for a few days with peeling until 7-10 days. While under the lights, it does sting but new advances in the processes keep this to tolerable levels at 6-7/10. Not like the old days where treatments often had to be stopped because the pain was not tolerable, this doesn’t happen now.

Look up our website (exquisityou.com.au) or google “Allmedics PDT” for more detailed information with photos – it is incredible. Thanks to the pioneering advances through Allmedics, this treatment is now reliable, effective and dramatically less painful!

Interestingly it does not affect the skin spots that are not from sun damage so the waxy “age spots” (seborrhoeic keratoses) and other pigmented spots are not affected – they still need to be scraped or frozen off if you want to get rid of them.

MESSAGE OF THE WEEK...

If you have had several skin cancers removed, PDT will reduce future cancers.
Help us support families affected by cyclone Marcia as they rebuild their homes, businesses and lives, by contributing to the Anglican Bishop's Cyclone Marcia Appeal.

Cyclone Marcia has left a trail of devastation through homes, businesses and lives. We're raising funds to meet the community's immediate needs for emergency assistance, and to support those who experience hardship in the weeks and months to come.

To contribute to the appeal:
Visit anglicarecq.org.au to donate by credit card or PayPal
Direct Deposit: Anglicare Central Queensland
BSB: 014 690
Account number: 108 490 187
All donations over $2 are tax deductible.
WAS Scholarships Testing Day

The School’s annual Scholarship Testing Day will be held this year on Saturday 21st March on campus. I would encourage all Year 6 – 11 students, internal or external to WAS to apply. The scholarships available are the School’s Academic, General Excellence and Music Scholarships. Information on these can be found on our [website](#). Applications need to be lodge through our [Edutest Link](#), also located on our site.

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‘ODD ONE OUT’ COMPETITION

Enter our “odd one out” competition and you could win a FREE copy of Hairy Maclary’s 4 books in one!

To enter, email your answer with your name and class to:

**The Bow Tie Man**
bowtie@successionplanner.com.au

(please ask your parent/guardian’s permission first).

**Competition closes on Tuesday the 31st of March. All correct answers will go into the draw and the winner will be drawn at random.**

The winner’s name will be published in next term’s school newsletter.

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- Accumulate Wealth
- Protect your Assets
- Manage Tax Effectively
- Hand Over or Sell your Business
- Plan for Tax Effective Retirement
- Have Estate Planning in Order

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flowers to have

Having a birthday or anniversary coming up?
Give someone you love the gift of flowers. Buy a gift certificate from us and receive a long lasting floral arrangement delivered to your door, for the duration of your choice.

How it works:
- We swap your floral arrangement every two weeks for a different one of your choice, on the day and time you prefer delivery
- We take care of cleaning the flowers and vases between deliveries
- Enjoy some colour and style, make memories last!

No mess no fuss, flowers that never wilt, does not drop or need a constant change of water.

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