

Flexischool Menu

Tuckshop Menu – Term 1, 2019

First Break (only)	Choices	Price	Healthy Salads & Snacks	Choices	Price Small	Price Large
Monday			Garden Salad		\$4.00	\$5.50
Crumbed Chicken Burger		\$5.50	Ham & Salad		\$4.00	\$5.50
Cheesy Meatball & Salsa Wrap		\$5.50	Caesar Salad		\$4.00	\$5.50
Tuesday			Chicken Salad		\$4.00	\$5.50
Traditional Beef Burger		\$5.50	Fruit Salad		\$4.00	
Nachos w Mince		\$5.50	Fruit Piece		\$1.50	
Wednesday			Yoghurt Tub (Vanilla) 150ml		\$2.00	
Butter Chicken & Rice		\$5.50	Sandwiches			
Grilled Lamb Souvlaki Wrap		\$5.50			Price	
Thursday			Vegemite / Raspberry Jam / Honey		\$1.50	
Pizza (available first & second break)		\$5.00	Cheese		\$2.50	
Lasagne w Potato Wedges		\$5.50	Garden Salad		\$4.00	
Friday			Ham & Cheese		\$4.00	
Spaghetti Bolognese		\$5.50	Ham, Cheese & Tomato		\$4.00	
Sweet Chilli Chicken Wrap		\$5.50	Egg, Lettuce, Mayo		\$3.50	
Daily			Chicken, Lettuce, Mayo		\$4.50	
Hot Dog		\$4.00	Chicken, Avocado & Lettuce		\$4.50	
Chicken Garlic Balls (3)		\$4.00	Chicken Caesar		\$4.50	
Chicken Wedges (Goujons)		\$4.00	Roast Beef & Salad		\$4.50	
Spring Rolls (medium) (3)		\$4.00	Wraps			
Hash Brown		\$1.00			Price 1/2	Price Full
Wedges Small		\$2.50	Ham & Salad		\$3.50	\$5.50
Wedges Large		\$4.00	Garden Salad		\$3.50	\$5.50
Sausage Roll		\$3.00	Chicken & Salad		\$3.50	\$5.50
Cheese & Spinach Roll		\$4.00	Sweet Chilli Chicken & Salad		\$3.50	\$5.50
Plain Meat Pie		\$4.50	BLT (Bacon, Lettuce & Tomato)		\$3.50	\$5.50
Plain Mini Meat Pie		\$1.00	Chicken, Cheese, Avocado		\$3.50	\$5.50
Corn Cob		\$1.50	Bacon, Avocado, Tomato, Cheese		\$3.50	\$5.50
Garlic Bread 1/2		\$2.50	Sweet Treats			
Garlic Bread Full		\$3.50			Price	
Noodle Cup		\$3.00	Jelly Cup (Raspberry) 150ml		\$2.00	
Beverages			Chocolate Mousse 150ml		\$2.00	
Water 600ml		\$1.50	Muffin (Chocolate) 120g		\$3.50	
Flavoured Mineral Water 350ml		\$3.00	Banana Bread		\$3.00	
Lipton Ice Tea 500ml		\$4.50	Popcorn		\$1.50	
Plain Milk 200ml		\$1.50	Red Rock Chips		\$1.50	
Flavoured Milk 300ml		\$3.00	Zooper Dooper		\$1.00	
Flavoured Milk 500ml		\$4.00	Streets Lemonade Icy Twist		\$1.50	
Just Juice Popper		\$2.50	Streets Chocolate Paddle Pop		\$1.50	
Dare - Espresso 500ml		\$4.50	Streets Choc Shaky Shake 150ml		\$3.00	
Dare - Mocha 500ml		\$4.50	Bulla Frozen Yoghurt		\$3.00	
			Zing Sour Ice Bar		\$1.50	
			Pikelets (2)		\$1.50	
			Sao Crackers (2)		\$1.50	
			Frozen Pineapple Ring		\$0.50	